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| ☼ 🗒 \_\_\_\_\_ , \_\_\_ /\_\_\_ /2016 - 🕑 \_\_:\_\_ \_\_ ☼  |
| 3 Victories! | I am Grateful for… |
| 1. 2.3. |  1.  2. 3. |
| Today I will Achieve | Today I will Savor |
| ❑ 1.❑ 2.❑ 3. | ❑ 1.❑ 2.❑ 3. |
|  Today’s mantra is: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| ☽ Today was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ☽❑ Check off successful “I will” items above. |
| Recap of events… |
|  |  |
| I will always remember today as the day… |
| What worked? … How can I make this more effortless? 🡺 |
| What didn’t work? … How can I set myself up for success? 🡺 |
| BTW, don’t forget… |
| ☼ 🗒 \_\_\_\_\_ , \_\_\_ /\_\_\_ /2016 - 🕑 \_\_:\_\_ \_\_ ☼  |
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