|  |  |
| --- | --- |
| ☼ 🗒 \_\_\_\_\_ , \_\_\_ /\_\_\_ /2016 - 🕑 \_\_:\_\_ \_\_ ☼ | |
| 3 Victories! | I am Grateful for… |
| 1.  2. 3. | 1.   2.  3. |
| Today I will Achieve | Today I will Savor |
| ❑ 1. ❑ 2. ❑ 3. | ❑ 1. ❑ 2. ❑ 3. |
| Today’s mantra is: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | |
| ☽ Today was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ☽  ❑ Check off successful “I will” items above. | |
| Recap of events… | |
|  |  |
| I will always remember today as the day… | |
| What worked? … How can I make this more effortless?  🡺 | |
| What didn’t work? … How can I set myself up for success?  🡺 | |
| BTW, don’t forget… | |
| ☼ 🗒 \_\_\_\_\_ , \_\_\_ /\_\_\_ /2016 - 🕑 \_\_:\_\_ \_\_ ☼ | |
| 3 Victories! | I am Grateful for… |
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