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| ☼ 🗒 \_\_\_\_\_\_\_ , \_\_\_ /\_\_\_ /2016 - 🕑 \_\_:\_\_ \_\_ ☼  |
| 3 Victories!!! | I am grateful for… |
| 1. 2.3. |  1.  2. 3. |
|  Today I will… |
| …Achieve | …Savor |
| ❑ 1.❑ 2.❑ 3. | ❑ 1.❑ 2.❑ 3. |
|  Today’s mantra is…\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_🕑 \_\_\_ : \_\_\_ \_\_\_ |
| 🕑 \_\_\_ : \_\_\_ \_\_\_☽ Today was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ☽❑ Check off successful “I will” items above. |
| A brief overview of events… | I will always remember today as the day… |
| Tomorrow, I will­ ...❑ 1.❑ 2.❑ 3. | A 1 minute action I can take to set myself up for success tomorrow…❑ 1.❑ 2.❑ 3. |

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| ☼ 🗒 \_\_\_\_\_\_\_ , \_\_\_ /\_\_\_ /2016 - 🕑 \_\_:\_\_ \_\_ ☼  |
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