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| ☼ 🗒 \_\_\_\_\_\_\_ , \_\_\_ /\_\_\_ /2016 - 🕑 \_\_:\_\_ \_\_ ☼ | |
| 3 Victories!!! | I am grateful for… |
| 1.  2. 3. | 1.   2.  3. |
| Today I will… | |
| …Achieve | …Savor |
| ❑ 1. ❑ 2. ❑ 3. | ❑ 1. ❑ 2. ❑ 3. |
| Today’s mantra is…  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  🕑 \_\_\_ : \_\_\_ \_\_\_ | |
| 🕑 \_\_\_ : \_\_\_ \_\_\_  ☽ Today was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ☽  ❑ Check off successful “I will” items above. | |
| A brief overview of events… | I will always remember today as the day… |
| Tomorrow, I will­ ...  ❑ 1. ❑ 2. ❑ 3. | A 1 minute action I can take to set myself up for success tomorrow…  ❑ 1. ❑ 2. ❑ 3. |

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| ☼ 🗒 \_\_\_\_\_\_\_ , \_\_\_ /\_\_\_ /2016 - 🕑 \_\_:\_\_ \_\_ ☼ | |
| 3 Victories!!! | I am grateful for… |
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| ❑ 1. ❑ 2. ❑ 3. | ❑ 1. ❑ 2. ❑ 3. |
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| 🕑 \_\_\_ : \_\_\_ \_\_\_  ☽ Today was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ☽  ❑ Check off successful “I will” items above. | |
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